

Would your loved one with memory challenges enjoy participating in a group?



The Medical Family Therapy program at Saint Louis University is conducting a research study to explore whether a social group with activities can improve memory in older adults. Additionally, one of these groups would explore the challenges that caregivers face during this process.

This research study will take place at the Center for Counseling and Family Therapy at Saint Louis University.

- ◆ Participants in the groups must have a confirmed diagnosis of dementia
- ◆ Participation consists of a 75 minute social group with activities
- ◆ \$30 worth of Target gift cards are eligible to receive throughout the study
- ◆ Complimentary coffee/snacks at every group

If you are interested, please contact the primary investigator, Max Zubatsky, at: 314-977-2496

