



Conversations for Successful Aging: A Gerontology Conference for Professionals

Friday, March 31, 2017

Show Me Center

1333 N. Sprigg St. | Cape Girardeau, MO 63701

Registration deadline is Monday, March 20, 2017

[Click here to register](#)

Overview and objectives

Friday, March 31, 2107

7:45 a.m.- 4:15 p.m. Southeast Missouri State University and its partners offer a one-day conference for all healthcare professionals with an emphasis in gerontology and geriatrics. This conference will offer the latest information, trends, and tools in gerontology and geriatric medicine.

Health related topics to be addressed include screening for frailty, nutrition, sarcopenia, and cognition, in addition to the most current updates on dementia, end of life, cultural trends in long-term care, and cognitive stimulation therapy.

The conference will feature Dr. John E. Morley, Director of the Division of Geriatric Medicine at Saint Louis University. Dr. Morley is known internationally as a gerontological researcher, clinician, and educator.

Registration information

\$50 Registration (no CE credits)

\$65 Registration with CE credits

\$25 Student Registration (Student ID required)

Professional continuing education hours are available for the following disciplines: Acupuncturist, Athletic Training, Counselor- Professional/Clinical, Dentists/Dental Hygienist, Dietitian/Nutritionist, Marriage and Family Counselor, Nurse (APN, RN, LPN), Nursing Home Administrator, Occupational Therapist, Physical Therapist, Psychologist, Respiratory Therapist, and Social Worker.

Continuing education hours are provided by the University of Illinois, College of Medicine, Department of Family Medicine in collaboration with the Continuing Education Institute of Illinois.

This program has been approved for seven contact/clock hours.

Partners

Aging Matters-Southeast Missouri Area Agency on Aging

Alzheimer's Association-St. Louis Chapter

A.T. Still University Area Health Education Center Programs (ATSU AHEC)

Continuing Education Institute of Illinois

Saint Louis University Geriatric Workforce Enhancement Program (SLU GWEP)

Southeast Missouri AHEC

Southeast Missouri State University

Registration deadline is Monday, March 20, 2017

[Click here to register](#)

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U1QHP28716 Geriatrics Workforce Enhancement Program for \$843,079. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS, or the U.S. Government.

Program

7:45-8:15 a.m.

Registration

8:15-8:30 a.m.

Welcome

Desma Reno, PhD(c);APRN,GCNS-BC

8:30-9:30 a.m.

Updates on Dementia for Practitioners

Milta Little, DO

This presentation will provide an overview of recent research and clinical updates in dementia assessment and intervention.

9:30-10:30 a.m.

Cultural Change and Trends in Long-term Care

Wendy Boren, BS, RN

This presentation will discuss trends in long-term care that improve Person Centered Care for residents.

10:30-10:45 a.m.

Break

10:45-11:45 a.m.

Advanced Illness Management and End-of-Life Care

Mary Fox, MD

Deb Jeffery, ANP

This presentation will provide an overview of the AIM movement as well as advances in end-of-life care and palliative care.

11:45 a.m.-12:45 p.m. **Catered lunch provided**

12:45-1:45 p.m.

Enhancing Geriatric Care by Health Care Professionals

John Morley, MB, BCh

Dr. Morley will highlight recent clinical initiatives that can be implemented in community-based care settings.

1:45-2:00 p.m.

Break

2:00-3:00 p.m.

Making a Difference: Cognitive Stimulation Therapy

Janice Lundy, BSW, MA, MHA

Debbie Hayden, RN, BSN, OTR/L

Debbie Blessing, BS

This interprofessional panel of experienced practitioners will introduce Cognitive Stimulation Therapy, a non-pharmacologic intervention for persons with dementia.

3:00-4:00 p.m.

Courageous Conversations

Stephanie Rohlfs-Young, MSW

Kathryn Sapp, MSW

This topic equips professionals for initiating difficult conversations with family members from diagnosis of disease, changing safety situations and care needs.

4:00-4:15 p.m.

Q&A and Evaluations

Desma Reno



Keynote speaker

John E. Morley, MB, BCh

John E. Morley, MB, BCh, is the Dammert Professor of Gerontology and Director of the Division of Geriatric Medicine at Saint Louis University Medical Center. He also serves as Medical Director for two nursing homes.

Dr. Morley earned a medical degree at the University of Witwatersrand, in Johannesburg, South Africa. After an internal medicine residency in Johannesburg, he completed a fellowship in endocrinology at the University of California, Los Angeles.

He has edited more than 20 books, including *Medical Care in the Nursing Home*, *Geriatric Nutrition*, *Endocrinology of Aging*, and *Principles and Practice of Geriatric Medicine*. His recent book, *The Science of Staying Young*, published in 2008, provides information for the general public. He has published more than 1300 papers, with major research emphases on the role of neuropeptides in the modulation of hormonal responses and behavior and on nutrition and hormones in the elderly. He serves as editor of *Journal of the American Medical Directors Association*, and has been an invited speaker at numerous national and international meetings.

For his work in appetite regulation, Dr. Morley received the Mead Johnson Award of the American Institution of Nutrition in 1985. He was named Medical Director of the Year for Life Care Centers of America in 1998. In 1999, he was awarded the IPSEN Foundation Longevity Prize, among the most prestigious European awards for research in gerontology. In 2001, he received the Gayle and Richard Olson Prize for Most Outstanding Behavioral Paper Published the Previous Year in the *Journal Peptides* and the American Dietetic Association's Circle Award. He was chosen to receive the American Geriatrics Society's Nascher/Manning Award in 2002 for life-long achievement in clinical geriatrics. In 2004, he was awarded the Joseph T. Freeman Award by the Gerontological Society of America for his work in geriatrics research and practice. He was honored in 2005 with the Marsha Goodwin-Beck Interdisciplinary Award for Excellence in Geriatric Leadership by the Department of Veterans Affairs National Leadership Board. In 2011 he was awarded the James Pattee Award for Educational Excellence from the American Medical Director's Association. He received the 2013 Presidential Award, International Association of Gerontology and Geriatrics Meeting, in Seoul, Korea June 25, 2013.